

MENU LADO B

2020 INTERNATIONAL EDITION Nº8



THE ORIGINS OF FRANCESINHA



One theory dates back to the Peninsular War in the early XIX century, claiming that the soldiers of Napoleon's army used to make a sandwich with the most varied kinds of meat available and lots of cheese. At the time, however, according to this version, an essential complement, that the people of Oporto added in the meantime, was not yet included – the sauce.

Currently there is some unanimity in assigning the credit of the recipe to Daniel Silva, an employee at the restaurant A Regaleira, in Oporto, in the early 1950s. Emigrant in France and Belgium a few years earlier, working in the restaurant business, he became familiar with local cuisine and in particular with the famous croque-monsieur sandwich, very popular among the Gauls.

This french toast was the inspiration for the creation of Oporto's Francesinha (literally: little french girl).



UNESCO

Do you know that historic centre of Oporto, with a 2.000-year history, is classified world cultural heritage by Unesco, since 1996?

To know more: <http://whc.unesco.org/en/list/755>

THERE'S A NEW BRAND IN OPORTO

"A Melhor Francesinha do Mundo" (The Best Francesinha in the World) is, since 2013, a registered trademark of Lado B Café.

It was created with the purpose of dignifying, preserving and promoting a product that is one of the most striking symbols of the city of Oporto.

More than the brand of a company or a commercial business, it is intended to be the symbol of a whole culture linked in an umbilical way to the city, yet opened to the rest of the world. The main purpose of this registration is to guarantee a level of excellence of the final product, through a meticulous choice of the ingredients, to preserve the identity of the product, keeping intact the genuine characteristics that make it authentic, and finally to promote it worldwide.

It carries a responsibility and a challenge that the owners of the Lado B Café are proud to assume.



The Lado B Café is recommended by Tripadvisor, the largest and most prestigious travel website in the world. If you enjoyed our service, please recommend us there.

Lado B Café | Cervejaria | Cafeteria | Bar

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Timetable: Mon-Thu: 11:00>24:00 | Fri-Sat: 11:00>02:00 | Sunday: closed

FRANCESINHAS

Francesinha Lado B with egg 8,75

(Rump Steak, Fresh Sausage, Spicy Sausage, Ham, Mortadella, Cheese, Sauce)

1/2 Francesinha Lado B with egg..... 6,50

Francesinha Vegetarian 9,85

(Tofu, Soy Sausage, Vegetable Sausage, Aubergine, Cheese, Sauce)

Homemade French Fries (Individual) 1,25

Plate to share..... 1,00



HAMBURGERS

Cheeseburger (Hamburger, Cheese) 3,95

Hamburger Lado B (Ham, Cheese, Lettuce, Tomato) 4,25

Hamburger Bacon (Bacon, Cheese, Ham, Lettuce, Tomato) 4,25

Hamburger Onion (Grilled Onion, Cheese, Lettuce, Tomato) 4,25

Hamburger Pineapple (Grilled Pineapple, Ham, Cheese, Lettuce, Tomato) 4,25

Hamburger Steak (2 Hamburgers, Fried Egg, Chips, Ham, Cheese, Salad) 6,95

Hamburger vegetarian (bread) (Lettuce, Tomato) 4,95

Hamburger vegetarian (plate) (Chips, Egg, Cheese and Salad) 6,95

WHY LADO B?

The assignment of the name Lado B (B Side) to this space, as well as the musical atmosphere of its decoration, comes from the fact that its mentor, Artur Ribeiro, was at the time of its founding also the owner of Jo-Jo's Music, the oldest record store in the city of Oporto. This store was the "A side" of his business for almost 30 years.

STEAK SPECIALS

Steak Sandwich 2 Bread Roll (150g Rump Steak, Ham) 5,45

Steak "Primavera Sound" (120g Rump Steak, Ham, Cheese, Crunchy Bread) 4,95

Steak (180g Rump Steak, Fried Egg, Ham, Cheese, Chips, Salad) 8,95

Steak special (180g Rump Steak, Fried Egg, Cheese, Chips, Francesinha Sauce) 9,95

Steak w/Mushrooms (200g Rump Steak, Chips, Mushroom Sauces) 12,95

Steak Special (200g Rump Steak, Fried Egg, Chips, Salad) 12,95

Pica-Pau à Lado B / Meat Combo (250g) 12,95

(Steak, Fresh Sausage, German Sausage, Spicy Sausage, Pickles, Sauce, Toasts)

Steak w/Garlic 14,95

(200g Rump Steak, Punch Potatoes, Turnip Tops, Garlic)



HOT DOGS

Hot Dog Regular (German Sausage, Ham, Cheese) 3,75

Hot Dog Lado B (Fresh Sausage, Spicy Sausage, Cheese) 3,75

Hot Dog Lado B w/Sauce (Fresh Sausage, Spicy Sausage, Extra Cheese) 6,95

Extra sauce for Hot Dog 1,00

If you are allergic or intolerant of some products, please contact our staff before making your choice.

VAT included | No dish, food or drink, including couvert, can be charged if not requested by the customer or is rendered unusable. | Dec law n.10 / 2015 of January 16



Bacalhau à Braga (Codfish)



Hot Dog Lado B



Steak "Primavera Sound"



Pica-Pau à Lado B (Meat Combo)

FRANCESINHA IN THE TOP 10 SANDWICHES IN THE WORLD

AOL Travel, one of the most prestigious websites in the world in the area of touristic and leisure destinations, elected Francesinha as one of the 10 Best Sandwiches in the World. The Oporto delicacy appears side by side with famous sandwiches like Kati Roll (India), Indian "Navajo" Taco (USA), Chip Butty (UK), Smorrebrod (Denmark), Roujimaos (China), Cemita (Mexico), Gelato Sandwich (Italy) and Pan Bagnat (France).

SANDWICHES AND TOASTS

Ham or Cheese Sandwich	2,00
Dry-Cured Ham Sandwich	2,95
Ham or Cheese Toast	1,95
Ham and Cheese Toast	2,55
Special Ham and Cheese Toast (Special Sauce, Extra Cheese and Extra Ham)	4,95
Fried egg.....	0,75

MINI FRIED SNACKS (Fresh)

Bolinhas de Bacalhau (Cod Cakes)	1,00
Croquettes	1,00
Meat Patties	1,00
Shrimp Patties	1,00

SALADS

Simple Salad	2,95
(Lettuce, Tomato, Onion and Carrot)	
Tuna Salad	7,25
(Fusilli, Tuna, Lettuce, Tomato, Carrot, Cheese, Sauce)	
Dry-Cured Ham Salad	7,25
(Fusilli, Dry-Cured Ham, Lettuce, Tomato, Corn, Carrot, Cheese)	
Tropical Salad	7,25
(Fusilli, Fruit salad, Lettuce, Tomato, Carrot, Cheese, Yougurt Sauce)	



TRY OUR
**STEAK
SANDWICH**
2 BREAD ROLL

150g Steak
+
Ham
5,45



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DESSERTS

FRUIT

Fruit Salad	2,95
Sliced Seasonal Fruit (Unit)	1,95
Sliced Mango	3,95
Strawberries w/ whipped cream	3,95
Strawberries.....	3,25

SWEETS

"O Melhor Bolo de Chocolate do Mundo"	3,95
("The Best Chocolate Cake in The World")	
Pudim Abade (by Miguel Oliveira)	5,95
(Abade Pudding)	
Apple Crumble w/ Vanilla Ice Cream	3,75
(House Specialty)	
Chocolate Mousse	3,45
(House Specialty)	
Milk Custard	2,95
(Crème Brûlée or Cinnamon on Top)	
Greek Yogurt	2,95
(w/ Wildberry Jam)	

ICE CREAM:

(vanilla, lemon, chocolat, cream nata, strawberry)	
Hot-Cold	3,45
(Cream nata ice cream w/ Hot Chocolate)	
Ice Cream Scoop + Whipped cream (1 scoop)...	2,25
Ice Cream Scoop + Whipped cream (2 scoops)	3,25
Ice Cream Scoop + Whipped cream (3 scoops).....	4,25
Lemon sorbet w/ Fruit	3,45
(Mango or Strawberries + Mint)	
Poetry Coffee	2,45
(Vanilla ice cream, Espresso)	
Topping + Whipped cream (extra)	0,75

WAFFLES

Waffle w/ hot chocolate.....	3,95
Waffle w/ Ice Cream Scoop.....	4,45
(1 scoop)	
Waffle w/ Ice Cream Scoop.....	5,25
(2 scoops)	



"O Melhor Bolo de Chocolate do Mundo"



Apple Crumble + Ice Cream



Lemon Sorbet + Fruit



Greek Yogurt



Chocolate Mousse

CAFETARIA

COFFEE/MILK/TEA

Espresso	0,85
Double Espresso	1,60
Decaf	0,95
Pingo (Espresso in a small cup + 1/3 milk).....	0,90
Meia de Leite (Espresso in a large cup + 3/4 milk)	1,30
Glass of Milk	1,00
Capuccino	1,75
Coffee w/ Cream	1,30
Tea (1 Cup)	1,50
Tea (2 Cups)	1,85
Tea w/ Milk	1,60

WATER

Mineral Water 375 cl.....	1,20
Mineral Water 75 cl	2,20
Sparkling Water	1,20
Sparkling Water ½ L	2,00
Sparkling Flavoured Water	1,40
Sparkling Water w/ Lemon	1,50

SOFT DRINKS

Coca Cola / 7Up / Fanta / Sumol	1,60
Ice Tea	1,60
Guaraná	1,60
Schweppes Tonic / Ginger Ale	1,60
Red Bull	2,40
Lemonade (Homemade)	2,50
Orange Juice	2,50
Fruit Juice	2,50
(Strawberry / Pinneapple / Pear / Mango / Apple)	
Fruit Milk Shakes	3,00
Somersby (Apple / Blackberry)	2,50

PORTUGUESE BEER

Lambreta (Cup 15cl) Super Bock/Nortada.....	1,20
Príncipe (Cup 33cl) Super Bock/Nortada.....	1,90
Príncipe Panachê (Beer w/ 7up).....	1,90
Príncipe Stout Super Bock.....	2,00
Caneca (Pint 50cl) Super Bock/Nortada.....	3,45
Super Bock Mini (Bottle 20cl)	1,25
Super Bock (Bottle 33cl)	1,90
(Pale Lager / Non-Alcoholic)	
Super Bock Coruja (Bottle 33cl)	1,90
Super Bock Abadia (Bottle 33cl)	1,90
Sagres Bohemia (Bottle 30cl)	1,90
Sagres Radler (Bottle 33cl)	1,90
Sovina (Craft Beer from Porto)	4,15
Letra A, B, C, D (Craft Beer from Minho)	3,95
Letra E, F (Craft Beer from Minho)	4,45

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